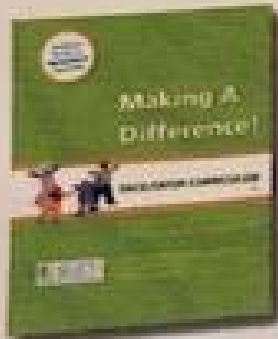


HARMING THEIR INNOCENCE

Parents are outraged over the explicit language and graphic content their children are exposed to by federally funded Comprehensive Sex Education lessons that are taught in schools across the country.

Example of Current Curriculum



MAKING A DIFFERENCE!
 Federally funded under the Teen Pregnancy Prevention (TPP) program (pages 43, 64)

How Do People Express Their Sexual Feelings? What is Abstinence? (10 minutes)

Activity D

PREPARING FOR THE ACTIVITY

Rationale
 Understanding that there are many behaviors that improve sexual health helps participants choose sexual behaviors that do not result in pregnancy or sexually transmitted infection.

Materials Needed

- "How Do People Express Their Sexual Feelings?" poster
- Masking tape

Time

Procedure

1. Have participants brainstorm answers to the following question:
 With all the message teens are receiving about sex, what are some of the ways people express their sexual feelings to themselves or other people?

Encourage many answers as you can.

- Answers may include:
- oral sex
 - carressing
 - dancing
 - masturbation
 - talking
 - hugging
 - kissing
 - grinding
 - sexual fantasy
 - anal sex
 - massage
 - holding hands
 - cuddling on the couch
 - touching each other's genitals
 - vaginal intercourse
 - saying "I like you"

FACILITATOR'S NOTE

If participants are hesitant, ask prompting questions like:

- What kind of sex can people have by themselves?
- What other words do we use for touching?
- What other things might people do with their mouths?
- What kinds of things can people do with their hands?

3. Put up the "How Do People Express Their Sexual Feelings?" poster.

FACILITATOR'S NOTE

Be sure participants understand the definition of vaginal intercourse, oral sex, anal sex, and masturbation:

- Vaginal intercourse or sexual intercourse means a man's penis in a woman's vagina.
- Oral sex means a person's mouth on another person's genitals.
- Anal sex means a man's penis in a person's anus, rectum, or behind.
- Masturbation means rubbing, stroking, or "playing with" one's own genitals or the genitals of another person.

4. Discuss each item on the poster by asking participants whether or not the behavior could result in pregnancy or sexually transmitted infection. Be sure to identify ALL behaviors that may involve an exchange of blood, semen, or vaginal secretions (participants may suggest behaviors besides oral, anal, and vaginal intercourse which will transmit disease).

5. Then ask:

- Why won't everybody want to engage in ALL of these behaviors? [Answers may include: they may not feel good, or be appealing; some may be risky; they may have religious or moral objections.]
- How can we let our partners know what we are willing and not willing to do? [Answers may include: We need to tell them before any touching occurs.]

DIFFERENCE

These lessons are taught to middle school students, ages 12-14.

ROLEPLAY E: ALEX AND CASEY

THEME: Possible loss of partner through condom use

OBSERVE: Alex using SWAT

(ALEX and CASEY talking)

ALEX

You have been dating Dominique for a few months. You really like Dominique and think this might be serious. You have decided to have sex, but you really want to use condoms.

Your best friend (Casey), who is dating Dominique's best friend (Chase), doesn't think you should mention condoms to Dominique because you might lose the relationship.

You know Dominique has never used condoms before but you won't have sex without a condom. Besides, you learned how to make condoms feel better.

Your task is to resist Casey's pressure, but not lose the friendship. You think Casey should be using condoms too.

CASEY

You and your close friend (Alex) are going out with Chase and Dominique, who are also friends and a few years older than you.

You and Chase have had sex a couple of times and never used a condom. You think you might lose Chase if you ask to use a condom.

Your friend, Alex, is getting very close to having intercourse with Dominique. They're using birth control, but also want to use condoms.

You tell Alex that sex feels much better without condoms (even though you've never tried them).

You're afraid that if Alex insists on using a condom, Alex might lose Dominique.

Your task is to try to convince Alex to have sex without using a condom.

ROLEPLAY C: JESSE AND CHRIS

THEME: Two friends talk about condom use

OBSERVE: Jesse using SWAT

(**JESSE** and **CHRIS** talking)

JESSE

Your friend, Chris, is upset because a partner wants Chris to use condoms. You have never used them either, but you just finished this program at school about pregnancy, HIV and safer sex, and now you feel a lot differently about condoms.

Your partner dated other people before you and had sex with them. Your partner wasn't your first either. Now you understand how important it is to protect yourself and your partner by always using condoms.

While Chris is telling you all the reasons for not using condoms, you are trying to convince Chris that condoms are a good idea. Maybe you can get Chris to go to the clinic with you to get some condoms.

Your task is to resist Chris's pressure to have unsafe sex and still keep your friend's respect.

CHRIS

Your partner told you that if you want to have sex you have to use condoms. The older kids say that "real men and women" don't wear condoms—They should feel the "real thing."

You're not trying to be difficult, but nobody is going to force you to use a condom! Besides, you're already using birth control. And you're not worried about diseases because your partner is young.

Your friend, Jesse, wants to start using condoms because of some stupid class about HIV and AIDS. You can't respect Jesse if Jesse is not a "real woman/real man."

Your task is to convince Jesse that condoms are a bad idea.

WHILE THEY'RE OUT (INEFFECTIVE VERSION)

SCRIPTED ROLEPLAY

Setting the Stage:

Your parents are out late. Your partner comes over, hoping to have sex with you. You want to have sex but you want to use condoms. Your partner refuses to use condoms. You decide to share how to make condoms feel much better.

Person 1: Why are you stopping now?

Person 2: Wait. Do you have a condom?

Person 1: No, I told you, I don't like the way those things feel.

Person 2: Yeah, I know.

Person 1: I don't have a condom. I want to be able to feel you, and it doesn't feel as good. Let's just do it without a condom this time.

Person 2: I think there are ways using one can feel good. I don't want to get infected with an STD like HIV.

Person 1: You won't. And I don't need you to show me anything. I know how condoms are used.

Person 2: I know you know how to use them. And you would never give me an STD. Sorry, I freaked out for a minute.

Person 1: Yeah, I mean I love you. Nothing bad is going to happen.

Person 2: You're right.

They keep kissing.

Name: _____

Visit or Call a Clinic

1. Name of clinic _____
2. Address and phone number of clinic _____

3. Clinic is open from _____ a.m. to _____ p.m. _____ days a week.
4. The following services are available at this clinic:

| | | |
|-----------------------|-------------------------------|---------------------|
| _____ Birth control | _____ STD test | _____ HPV vaccine |
| _____ Pregnancy tests | _____ STD treatment | _____ HIV test |
| _____ Prenatal care | _____ Counseling | _____ Sterilization |
| _____ LARCs | _____ Emergency contraception | |
5. A routine examination or consultation about birth control information costs \$ _____.
6. Most states have laws that clinics can't disclose information about clients without written consent, including whether or not clients visit the clinic. This is called "client confidentiality." This clinic's confidentiality policy is as follows:

7. Besides English, the following languages are spoken at this clinic: _____
8. If you visited (rather than called) the clinic, answer this question: I felt the following level of comfort in this clinic (include such things as decor, friendliness of staff, reading material available in waiting room, etc.):

| | | | |
|------------------|-------------|--------------------|---------------|
| 1 | 2 | 3 | 4 |
| Very comfortable | Comfortable | Fairly comfortable | Uncomfortable |
9. Would you recommend that a friend visit this clinic for an exam or to talk about protection?

Write 2 sentences telling why or why not.

10. Something I learned at this clinic is _____

Reminder: Attach a card or brochure from the clinic.

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Shopping Information Form

1. Name of store _____

2. What protective products are sold here? (List 3 kinds of latex condoms and 1 kind of spermicide and the prices for each product. Indicate the types of condoms you saw.)

| Product | Brand Name | Price | Lubricated? | Reservoir (R) or Plain (P) |
|-------------|------------|-------|-------------|----------------------------|
| Condom: | | | Yes No | R P |
| Condom: | | | Yes No | R P |
| Condom: | | | Yes No | R P |
| Spermicide: | | | | |

3. How comfortable would you be buying protection here?

| | | | |
|-------------|-------------|---------------|---------------|
| 1 | 2 | 3 | 4 |
| very | somewhat | somewhat | very |
| comfortable | comfortable | uncomfortable | uncomfortable |

4. Would you recommend that a friend buy protection here? Yes No

Write 2 sentences telling why or why not.

5. What are the store's hours of business? _____

Name: _____

Protection: Myths and Truths

Directions: Read each situation and circle **T** if you think it's true or **M** if you think it's a myth under the Round 1 column. Do not make any marks under Round 2 column until directed to do so.

| | Round 1 | Round 2 |
|---|---------|---------|
| 1. The best way to use a condom is to pull it on tight. | T or M | T or M |
| 2. Teenagers can get birth control pills from family planning clinics and doctors without permission from a parent. | T or M | T or M |
| 3. Girls can't get pregnant the first time they have sex. | T or M | T or M |
| 4. A woman can use an IUD, even if she's never had a child. | T or M | T or M |
| 5. Using a latex condom correctly every time you have sexual intercourse is very effective in preventing HIV. | T or M | T or M |
| 6. It's OK to use Vaseline as a lubricant when using latex condoms. | T or M | T or M |
| 7. Girls can get pregnant if they have sex during their periods. | T or M | T or M |
| 8. Birth control pills, patches or rings used alone are effective in preventing sexually transmitted disease (STD). | T or M | T or M |
| 9. Douching after sex will wash out the sperm and protect against pregnancy and STD. | T or M | T or M |
| 10. When using a condom, it's important for the male to pull out right after ejaculation. | T or M | T or M |
| 11. A woman is protected from pregnancy the day she begins taking the pill. | T or M | T or M |
| 12. Abstinence is the most effective method of avoiding HIV. | T or M | T or M |
| 13. When condoms are used correctly, they're 100% effective in preventing pregnancy and STD. | T or M | T or M |

(continued)

| | Round 1 | Round 2 |
|---|---------|---------|
| 14. Sharing needles to inject drugs is one way to get HIV. | T or M | T or M |
| 15. IUDs provide very effective protection against pregnancy for up to 10 years. | T or M | T or M |
| 16. If a guy pulls his penis out of a girl in time (before he ejaculates), he can be sure to prevent pregnancy. | T or M | T or M |
| 17. There are methods of birth control people can use without having to plan ahead. | T or M | T or M |
| 18. A birth control implant provides protection against pregnancy for 3 years. | T or M | T or M |
| 19. You can get a vaccine to protect you from some kinds of STD. | T or M | T or M |
| 20. Teens who identify as lesbian, gay or bisexual do not have to worry about preventing pregnancy. | T or M | T or M |

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Building Skills to Prevent
Pregnancy, STD & HIV

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Richard P. Barth, M.D., Ph.D.

Conte

- My Risk
- My HIV Risk
- Let's Talk
- What About
- Talk to Your
- Talk to Your
- Your Friend
- Trying to
- Trying to
- Obstacles
- Before
- At a
- Obstacles
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